

Marathon Girl 2019!

Jane Dunckley, Head of P.E. at St Andrew's Secondary School, Leatherhead is seen here proudly sporting the Action in Africa logo during the 2019 London Marathon and below with her medal.

She completed the race in a brilliant 5 hours 30 minutes. Jane raised a breathtaking £3000 for Action in Africa! Congratulations and many, many thanks Jane!



Action in Africa Christmas Newsletter



2019







Mobilising Nurses at Kahanga Dispensary

Through the generosity of Ashtead residents, a total of three motor bikes has now been delivered to remote dispensaries to mobilise nursing staff.

Another Busy Year ...

It has been such a busy year for the charity, it is hard to know where to begin! We haven't room for everything, but here are just some of the highlights.

We had nine new additions to the Action in Africa family, including Fadira Omari, who, pictured right, is our youngest new student.



Vocational Student Sponsorship Programme

Antidius Syphorian, pictured right, along with Maclina Silas, is enjoying his vocational course at Kagera District Vocational Technical College, which he started at the beginning of the year. While Maclina is studying Needlework and Tailoring, Antidius has now completed nearly half of his two year Domestic Wiring Electrical course.

Both young adults are being sponsored by St. Andrew's Secondary School, who feel very passionate about giving largely uneducated youngsters the opportunity to learn a trade. Thank you St. Andrew's! The Vocational Sponsorship programme is already successful, with original participants Naiveth Almachius and Efrat Shubira both now working as apprentices with local businesses in their chosen fields.



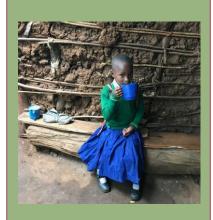
Our Visit to Tanzania

Maize School Lunches



Providing a maize gruel for lunch at Nyaishozi Primary School proved a huge hit last year, with headmaster Hosea Martin noticing a marked difference in the children's performance. With this school providing an education for the most needy in the community, it is usual for pupils to work long distances to school on an empty tummy.

The 2018 crop (pictured above) was enough to feed the children until August of this year. Action in Africa has since funded professional tilling and dressing of the school's land and the purchase of superior seed. We are hoping that this extra investment will ensure that this year's harvest will provide enough yield to feed the school for twelve months. Below is a Nyaishozi Primary School pupil who clearly thinks this is a great programme!





We were given such a warm welcome when we visited Nyaishozi in the spring. Besides much needed supplies, we were able to safely deliver a haemoglobin machine to Nyaishozi Dispensary.

The team pictured with the machine (seen here in the hands of the technician, front second right) were so appreciative.

Midwife Rebecca Didas explained to us how it would save lives of mums to be, who are particularly prone to life threatening anaemia.



Lighting up Schools in Nyaishozi

Lighting schools after dark where there are students boarding is a huge challenge. A lot of schools are off the electricity grid. When we visited the area, we found that most schools were without any form of power. As a result, Action in Africa has financed the installation of enough solar paneling to light two classrooms at Rugu Secondary School, providing the means for students to continue their studies after nightfall. (Pictured

below). A similar project was also funded at Ruhinda Secondary School early this year.



Feminine Hygiene Programme Well Received

Another problem is the scarcity and therefore expense of feminine hygiene products. We hand carried over 100 Days for Girls kits, which, with their reusable liners, are tailor made for use in remote, poverty stricken areas, such as Nyaishozi.

Nyaishozi Secondary School matron Regina took the class at Rugu Secondary School (pictured right) to teach the girls how to care for their kits. Days for Girls claims that the kits, if cared for correctly, can last up to five years. This initiative was supported by St. Andrew's School.





Page 2 of 3 A C T I O N

Registered Charity No. 1072661



If you would like to see the short film of our 2019 visit to Nyaishozi, visit us at: http://www.actioninafrica.org

You can get in touch with us at: actioninafrica.ashtead@gmail

You can follow our news at:



Christmas Appeal 2019

We are now launching our Christmas Appeal 2019. At this time of the year, we send out funds for emergency food and basic medical supplies. This pays for cooking oil, a chicken, salt, tea, dried fish, powdered milk and sugar. These products are then distributed by Father Vitalis and the Action in Africa Nyaishozi committee. Pictured right is a photo taken last year of Father Vitalis delivering much needed food stuffs to a family living in poverty.



A Special Message from Our Committee

We cannot achieve anything without your help and we are so very grateful for your generous donations.

We would also like to give special thanks to St. Andrew's Secondary School for their continued support. The charities Days for Girls, Smalls for All, Tools4Africa, the Ashtead Rotary Club, Ewell Rotary Club and Pens4Africa have been so giving this year.

Besides thanking those of you who attend our fundraisers and make one off donations, we would particularly like to thank those who help us by donating a monthly sum. This regular donation is of great importance, as it allows us to plan our spending, prioritizing and providing support where and when it is needed.

Looking forward to next year – we are launching our Volunteer Scheme 2020, so Nyaishozi can expect more visitors from the Action in Africa! We will be continuing with our student sponsorship and we are excited about our feminine hygiene initiative.

We would also like to continue with our Lighting for Schools project and, with malaria being a constant issue this year, we are sourcing mosquito nets for boarding students.

However, for now, thank you from the bottom of our hearts for your kindness and generosity. Merry Christmas and Happy New Year!





Donation

| Please make any cheque payable to Action in Africa . Cheque is enclosed for £ | |
|---|---------|
| or | |
| Our bank details, should you wish to set up a standing order through your bank, or make a | one-off |
| online payment, are: | |
| | |
| Lloyds TSB | |
| Sort Code: 30-93-08 | |
| Account No. 01926014 | |
| I have arranged through my bank to pay £ Monthly/Quarterly/Yearly/One-Off * | |
| Gift Aid Declaration (if applicable) | |
| I declare that I am a UK taxpayer and wish all donations past, present and future to count for Aid. I have paid, or will pay, UK income and capital gains tax at least equal to the amount to reclaimed by this charity | |
| Initials & Surname | |
| | |
| Address | |
| Post Code Telephone No Date// | |
| Signed | |
| Email address | |
| Please return this form, with any cheque, to.: | |
| Carolyn Higgs, Treasurer of Action in Africa, 14 Highfields, Ashtead, Surrey KT21 2NL | |
| | |
| *delete as appropriate | |