



# Action in Africa Christmas Newsletter



2023



*SAVE  
the  
DATE !!*

## *Action in Africa Quiz Night 2024*

Saturday 9th March  
at  
St Michael's Hall

Details soon to be confirmed

## *Shannon is our Marathon Girl 2024*



We are delighted to announce that Shannon Palser, teacher at St. Andrew's Secondary School Leatherhead is our London Marathon runner 2024. She is already in training for the 26 mile challenge. Details coming very soon about how you can support our very own Super Heroine!



### *Kasheshe Primary School joins the Action in Africa Family*

We met our Y1 sponsored students at Kasheshe Primary School for the first time this summer – seen here with trustee Sister Xaverina. Guess who found his Chelsea football shirt?!

### *Another fantastic year for Action in Africa*

One standout memory of our trip to Nyaishozi was being given a live chicken as a gift from Ihembe Secondary School. The welcome we received from all the Nyaishozi schools was amazing and we are so proud of our students, trustees and Father Hans, pictured right with Tina and the chicken. A big thank you to the Nyaishozi committee for looking after us, our sponsored children and our projects so well!



### *Action in Africa Christmas Appeal 2023*

During our trip, we visited Ruhinda Secondary School. Mr. Ambruce is headmaster there and General Secretary of our Nyaishozi committee. We were guests of honour at an outstanding dancing performance put on by female students. It was only later that we found out that the participating girls were deaf.

Ruhinda has 77 special needs female students who board at the government funded dormitory. They take part in all aspects of school life. However, they do not have their own resource room which caters for their individual needs.

The Action in Africa Christmas Appeal 2023 is to raise funds to refurbish a derelict classroom and furnish it with equipment that will meet the girls' physical requirements. This project will cost £7,500.

If you think this is something you would like to help us with, please look at the donations form attached, which details how to donate to us.



## *Former students mentor current students*



### *Primary Schools receive Feminine Hygiene Kits*

For the first time since the launch of the feminine hygiene programme, we have rolled out the initiative to our two primary schools. Pictured above, 71 schoolgirls participated on the course at Nyaishozi Primary School. It was overseen by Deputy head Evaster (also an Action in Africa Nyaishozi trustee). The girls loved the washable kits, which, if cared for, can last for up to five years. With 68 U.K. schoolchildren visiting Nyaishozi next year, we hope to provide a kit for every Nyaishozi schoolgirl.



Above is a close-up of one of the 'Traffic Light' blood pressure machines we hand carried to Nyaishozi for Kibogozi and Nyaishozi dispensaries. Designed and kindly donated by Ashtead resident Rachel Tribe, this machine indicates early signs of pre-eclampsia and is truly a lifesaving piece of equipment. Thank you so much Rachel!



Jewels Philbert, is in her final year of medical school in Sengerema and has been given work experience at Nyaishozi dispensary by midwife Rebecca, as part of our mentoring programme, run by former Action in Africa students. Under the supervision of Rebecca, she is seen left giving advice to a mum to be. The mentorship programme will not only provide a platform for work experience in their chosen fields but give support to students who will be the first in their family to go to university.

## *Maize for School Dinners ... The first seeds planted*

Pictured right is a photo of the maize seed being planted at Nyaishozi Primary School. The Maize for School Dinners programme was put on hold during the pandemic but has just been relaunched. We will now be providing enough maize to feed the whole school during term times.

The children who attend Nyaishozi Primary School are from very poor families. They often have to walk several miles to school on an empty tummy. The maize gruel produced from this harvest will provide a much needed meal during the school day.



## *Incubator Appeal reaches its target!*

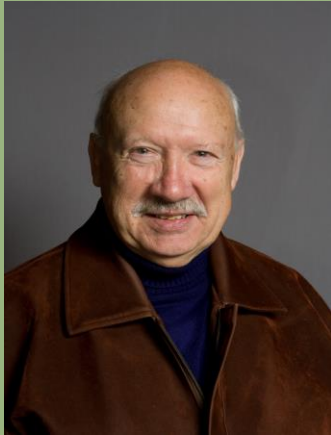
There has been much activity behind the Action in Africa scenes to source incubators. We seemed to be in the extraordinary position that we had the funds but sourcing them was a bit of a challenge.

We believe that we have finally resolved this issue and will have some good news very soon. The image right is now the approved model.

With infant mortality in Nyaishozi the highest in Tanzania, to be able to provide intensive care for premature babies is critical.







Peter Exworthy 1937 – 2023

Peter, founder of the charity and former chairman passed away earlier this year. He was an inspiration to us all and will be greatly missed. Posthumously, his philanthropic work was recognized when he was honoured with a special community award by Ashtead Rotary Club. We are so proud to be able to continue with all his good work in Tanzania.

We would also like to thank Peter's family who set up a Justgiving page and asked for donations to be made to Action in Africa in his memory. A staggering £1614 was raised! Thank you to all who donated.

You can get in touch with us at: [actioninafrica.ashtead@gmail.com](mailto:actioninafrica.ashtead@gmail.com)

You can follow our news at:



Action in Africa

Below are our Ruhinda Sponsored students (wearing their Chelsea shirts) with teacher Jovinus.



## Emergency Food for Christmas

At this time of year, we always send funds to help the most vulnerable in Nyaishozi. This year, Father Hans has asked for funds to be sent to help him buy sugar, oil, tea, milk, soap, sardines, meat and rice. These goods will be distributed to the most needy in the community, such as the family pictured right, who received a food parcel last Christmas.



## A Special Message from Our Committee

As this year comes to a close, we are taking stock of the last twelve months and there has been a time of sadness as well as times of great joy. We lost our former chairman Peter Exworthy, but we are sure that he would be thrilled to know that our visit to Nyaishozi confirmed the charity is in good hands and is thriving.

The trip was a huge success, and all the gifts were so much appreciated. We would like to thank Smalls for All who provided us with brand new underwear for our sponsored students. Chelsea Football Club kindly donated 30 football shirts which went down a storm. Stationery kits were purchased by Ashtead residents and St Andrew's Catholic School – who also very kindly supplied tshirts. In addition, we would like to thank St Andrew's for their kind donation.

We have an adventure company taking down 3 sets of UK school children to Tanzania next year. Approx 40 City of London Freemans School students alongside around 20 Guildford High School girls will be travelling to Nyaishozi to help carry out various projects - including rolling out our feminine hygiene initiative. We would like to thank CLFS for their recent donation.

Looking forward to 2024 – we have another busy year ahead. Please put March 9th in your diaries and join us for a great Quiz Night at St. Michael's Hall. We hope to be bringing you news of our partnership with the charity Computeraid. Also, we have a few new projects which we will share with you in the spring.

We are so very grateful for all the wonderful contributions that have been made this year, big or small, whoever has made them. We promise to continue to put every penny to good use.

Thank you and Merry Christmas, from the Action in Africa Team

