

<u>Adam Brooks is our</u> <u>Marathon Man</u> <u>2025</u>



We are delighted to announce that Adam Brooks, Deputy Head at St. Andrew's Secondary School Leatherhead, is our London Marathon runner 2025. He ran for us way back in 2015, raising a staggering £3000. He is pictured above with his medal. We have every confidence that he will beat that total next year. We will keep you up to date with his training.

<u>Save the Date!!</u> <u>Action in Africa Quiz</u> <u>Night 2025</u>

Saturday 22nd March at St Michael's Hall, Ashtead Details soon to be confirmed



<u>Action in Africa Christmas Newsletter</u>



<u>2024</u>





<u>City of London Freemen's School</u> <u>Visit Nyaishozi</u>

Pictured left with midwife Rebecca are just some of the U.K. students who visited Nyaishozi this summer. They achieved so much in such a short space of time. Thank you CLFS and Guildford High School!

<u>Another fantastic year for Action in Africa</u>

Over 70 UK visitors descended on Nyaishozi from City of London Freemen's School and Guildford High School (pictured right with Ruhinda students). Over a period of three weeks, they helped carry out badly needed projects and feminine hygiene courses – all paid for by their fund-raising efforts back in the U.K. A big thank you to Adventure Lifesigns for organizing the trips.



<u>Action in Africa Christmas Appeal 2024</u>

Action in Africa is proud to launch our fundraising appeal for 2025. We would like to raise funds to provide rainwater harvest tanks for Kajunguti and Ihembe Secondary Schools as part of our Clean Water For Schools Campaign.

We visited both schools in 2023 and were appalled by the condition of the tanks in use. They were in a dreadful state of decay, with covers crumbling into the tanks and ridden with mosquitos. Students were still using the fetid water to wash and worse, drink. Nyaishozi has ample rainfall during the rainy season to see the schools through the dry season, but to achieve that they must have good sized rainwater harvest tanks that are protected by adequate covers.

Father Hans oversaw the construction of such a tank for Rugu Secondary School in 2022 – it was one of his first major Action in Africa projects on arriving as the new parish priest. He is picture right with Rugu headmaster Mr. Ezekia.

Each tank costs £5,800. If you would like to support this project, please go to our website and click on the Donations and Gift Aid Page for details on how to donate.









We are so proud of Jeules Philbert who achieved a Diploma in Nursing & Midwifery at Sengerema Health Training Institute earlier this year. Jeules lost both her parents to AIDS and has been sponsored by Action in Africa since 2016. We wish her very success in her chosen career.



While Jeules is ending her university experience, Sala Joseph (pictured above) is just beginning. Sala, an Action in Africa sponsored student since 2019, is now an undergraduate at Mzumbe University, studying Human Resource Management. We are delighted with what she has already achieved. If you would like to sponsor a student, please go to our website <u>www.actioninafrica.org</u> and click on Sponsor a Student.



Action in Africa Christmas Newsletter 2024 Let's Hear it for the Girls...





U.K. Schools support Nyaishozi female students in sport

We are so pleased that the UK schools worked hard to incorporate all the projects on our wish list while visiting Nyaishozi. Sports is an area that is so often overlooked, as the funds always seem to go to more urgent initiatives. This summer footballs kindly donated by Chelsea football club were hand carried to Nyaishozi. The UK students then helped to construct football pitches and netball courts at Kajunguti and Rugu Secondary Schools. They also funded the purchase of sports kits, beautifully modelled above by Rugu netball team and Kajunguti female football team. Feminine hygiene kits distributed to the students (pictured right)

ensure that the schoolgirls can play sports and don't have to sit and watch from the sidelines.



Work to begin on Resource Room at Ruhinda!

Our 2024 Appeal was to raise funds to provide a resource room for disabled female students at Ruhinda Secondary School. We are delighted to announce that the target of $\pounds 7,000$ has been reached and work can now begin on refurbishing the derelict classroom earmarked for the project. (Pictured left).

There are nearly 80 girls with varying disabilities who currently have no designated space that accommodates their physical needs. This well-equipped resource room will address this issue and help the girls to reach their full potential.

During our recent visit to Ruhinda Secondary School, it was so refreshing to see the disabled students integrated into mainstream education. This project will further enhance their life chances.



<u>Action in Africa Christmas Newsletter 2024 </u>*



<u>A message from the</u> Action in Africa Team

We have so much to be grateful for this year and so many people we need to thank – Adventure Lifesigns took out Freemen's and Guildford High School students to Nyaishozi. The two U.K. schools worked hard at raising funds and completing projects while they were out there.

were out there. We would like to thank St. Andrew's Catholic School for continuing to support us by helping marathon runner Shannon Palser to achieve a total of over £2,000! This money will kick start our Christmas Appeal for clean water for Nyaishozi schools.

Christmas Appeal for clean water for Nyaishozi schools. We would also like to thank the Catenians for inviting us to their Ladies' Night to present the charity to them. £180 was raised on the night, with several attendees sponsoring Nyaishozi children's education and making private donations.

We would like to take this opportunity to thank the Hilden Charitable Trust which donated £5000 to the resource room for disabled students at Ruhinda Secondary School as well as every supporter who supported this initiative.

Looking forward to next year – the Computeraid computers should be arriving in Nyaishozi early next year and work has already begun preparing the village hub and classrooms to accommodate them. We are also looking to completing the incubator project and the resource room for disabled students.

Students. We hope to see all our quizzers on the 22nd March for our annual quiz night at St Michael's Hall. In the meantime, thank you for all your support over the past 12 months and wishing you a very merry Christmas.

You can get in touch with us at: actioninafrica.ashtead@gmail.com

You can follow our news at:



<u>6th incubator to arrive in Nyaishozi</u>

The 2023 Incubator Appeal continues with 6 dispensaries now making good use of these lifesaving pieces of equipment and 4 still to be delivered.

Rebecca, our resident Nyaishozi midwife and Action in Africa committee member has been instrumental to the success of this initiative and is seen pictured right with the recently installed incubator at Rugu dispensary. Thank you, Rebecca, for all your hard work!



The summer of '24 at Nyaishozi in pictures...











Donor Details

TitleInitials	Surname	
Address		
/\ddicoo		
Post Code	Telephone No	
Email address		

Donation Details

Donations can be made by cheque (payable to **Action in Africa)** or by Bank Transfer. Our bank details are: Account Name: Action in Africa, Sort Code: 30-93-08, Account Number: 01926014

I enclose a cheque for £_____

Or

I have arranged through my bank to pay £_____ Monthly/Quarterly/Yearly/One-Off *

Gift Aid Declaration (if applicable)

I declare that I am a UK taxpayer and wish all donations past, present and future to count for Gift Aid. I have paid, or will pay, UK income and capital gains tax at least equal to the amount to be reclaimed by this charity

Signed Date/_/

Please return this form, with any cheque, to: Carolyn Higgs Treasurer of Action in Africa 14 Highfields, Ashtead, Surrey KT21 2NL

*delete as appropriate

Action in Africa is a registered charity No. 1072661 www.actioninafrica.org